



NATIONAL SERVICE SCHEME



LALA RURAL COLLEGE, LALA

National Service Scheme

Overview

The National Service Scheme (NSS) is a voluntary public service program in India that aims to involve students in community service while fostering a sense of social responsibility, citizenship, and national integration. The NSS has evolved over the years since its inception, with the following objectives and a brief overview of its evolution:

Evolution of NSS

The National Service Scheme was launched on 24th September 1969 in India by the Ministry of Youth Affairs and Sports. It was introduced to mark the birth centenary of Mahatma Gandhi, who believed in the importance of service to the community. Since its inception, the NSS has evolved in various ways:

- **Initial Years (1969-1980s):** During its initial years, NSS primarily focused on rural development, with a special emphasis on eradicating illiteracy, promoting hygiene and sanitation, and encouraging voluntary blood donation.
- **Adoption of Urban Extension Activities (1980s):** In the 1980s, NSS expanded its scope to include urban areas. Volunteers started working on projects related to urban development, environmental conservation, and social awareness.
- **Focus on Health and AIDS/HIV Awareness (1990s):** In the 1990s, NSS played a significant role in spreading awareness about health issues, including HIV/AIDS awareness and prevention.
- **Community Development and Disaster Response (2000s):** NSS continued to evolve by actively participating in disaster response and relief efforts. It also expanded its community development initiatives, addressing issues such as women's empowerment and skill development.
- **Digital Initiatives and Skill Development (2010s):** With the advent of digital technology, NSS incorporated digital literacy and computer education into its programs. Skill development and entrepreneurship were also integrated into NSS activities to align with India's changing economic landscape.

The National Service Scheme (NSS) is an Indian government-sponsored voluntary organization that aims to promote social and community development through student participation in various activities. The NSS has a motto, and its activities are centred around this motto:

Motto: “Not Me but You”

The NSS motto reflects the spirit of selfless service and community involvement. It emphasizes the idea that individuals should work for the betterment of society and the welfare of others rather than focusing solely on their personal interests.

Types of Activities

There are two types of activities: **Regular Activities** (120 hours) and **Annual Special Camp** (120 hours). All the NSS Volunteers who have served NSS for at least 2 years and have performed 240 hours of work under NSS are entitled to a certificate from the university under the signature of the Vice-Chancellor and the Programme Coordinator. The Annual camps are known as Special Camps. Camps are held annually, funded by the government of India, and are usually located in a rural village or a city suburb.

Important Activities: The NSS conducts a wide range of activities to fulfil its mission of community service and development. These activities typically include:

- **Community Service:** NSS volunteers engage in various community service activities such as cleaning public places, conducting health camps, organizing blood donation drives, and providing disaster relief assistance.
- **Health & Sanitation:** NSS organizes health awareness campaigns, sanitation drives, and hygiene promotion programs to improve the overall health and well-being of the community.
- **Environmental Conservation:** NSS undertakes tree planting, waste management, and conservation initiatives to protect and preserve the environment.
- **Education and Literacy:** Volunteers often teach in local schools, run literacy programs, and provide educational support to underprivileged children.
- **Awareness Campaigns:** NSS conducts awareness campaigns on important social issues like drug abuse, HIV/AIDS prevention, women's empowerment, and voter education.
- **Rural Development:** NSS works on rural development projects aimed at improving the living conditions and infrastructure in rural areas.
- **Youth Empowerment:** NSS provides a platform for youth to develop leadership skills, teamwork, and a sense of social responsibility.
- **Cultural and Social Activities:** NSS promotes cultural exchange and celebrates national and cultural festivals to foster unity and harmony among different communities.
- **National Integration:** NSS encourages activities that promote national integration, communal harmony, and understanding among diverse groups.
- **Blood Donation Camps:** NSS organizes blood donation camps to address the shortage of blood in hospitals and emergencies.
- **Special Camps:** NSS organizes annual special camps where volunteers spend a week or more in a rural or underserved area, actively participating in community development projects.
- **Skill Development:** NSS provides and facilitates skill development and vocational training to empower individuals to become self-reliant.
- **Disaster Management:** NSS volunteers are often trained to respond to natural disasters and emergencies, providing relief and support to affected communities.

The NSS unit of Lala Rural College was formed in early 1990s with a view to instilling in students a sense of social and civic responsibility and to directing them towards the nation building. The unit follows the principle of 'Education through Service' and aims at helping students acquire leadership qualities and democratic attitudes. The first Programme Officer of the unit was Prof. T.A. Mazumder followed by Mr. Gautam Chandra Banik. The unit has over the years strived to develop in students the capacity to meet emergencies and natural disasters and skills and temperament in mobilizing community participation. Moreover, the unit believes that education goes beyond the classroom. To that end, the unit gives an emphasis on engagement and active involvement of students/volunteers in community service and various extension activities to contribute to society while developing themselves personally and socially. The unit was reorganized vide Resolution No. 3 adopted in the meeting of the IQAC dated 26/01/2019. The present unit comprises the following members:

Sl. No.	Name of the members	Designation	Contact No.
1	Dr. Himabrata Chakravarty	Principal	8638873165
2	Dr. Ng Dayamay Singha	Co-Ordinator, IQAC	7002488782
3	Dr. Manas Sinha	Programme Officer	7002254513
5	Dr. S. Bebita Devi	Member	7002155702
6	Dr. F.U. Mazumder	Member	7002828639
7	Dr. K. J ilangamba Singha	Member	9678171457
8	Mr. Tapas Nath	Member	8638080074
9	Mrs. K. Dipika Singha	Member	9435947068

Principal

(Dr Himabrata Chakravarty)
Lala Rural College, Lala

Co-Ordinator, IQAC

(Dr Ng Dayamay Singha)
Lala Rural College, Lala

Objectives of NSS

- To develop the character and personality of students through community service.
- To promote the idea of being responsible and active citizens among students.
- To encourage students to actively engage in social and community development activities thereby fostering a sense of social responsibility among them.
- To motivate volunteers to take part in various community development projects that address local issues such as health, education, sanitation and environmental conservation.
- To promote national integration by involving students from diverse backgrounds in service activities that transcend regional, linguistic and cultural barriers.
- To provide students with hands-on learning experiences complementing their academic education with practical skills and knowledge.
- To instil in students the values of mutual trust, team work and promotion of social capital and resources to create a vibrant society.
- To inculcate among students the quality of honesty, Integrity, creativity, self-discipline and simplicity for their comprehensive and holistic development.
- To facilitate value-based education through the understanding of Indian knowledge system and through learning by working.

Glimpses of some activities of the NSS unit

- The unit conducts cleanliness drive in the college campus periodically.
- The unit organizes Blood Donation and Awareness Programme
- The unit has organized Blood Donation Camps three times
- The unit has organized Special Camps three times
- The unit carried out relief work for the underprivileged people during the COVID pandemic.
- The unit carried out '100 hrs Swachh Bharat Summer Internship' with IQAC of the college.
- The unit regularly observes and celebrates events of significant days like International Yoga Day, National Youth Day, National Voters' Day, World No Tobacco Day, World Environment Day etc.
- The unit undertakes plantation programmes.
- The unit conducts and undertakes programmes sensitizing students & communities to social issues in collaboration with other cells of the college.
- The unit collaborates with wings & organisations outside college such as Barak Valley Voluntary Blood Donors' Forum, Silchar Medical College & Hospital and Red Ribbon Club under ASACS to organize awareness programmes on AIDS/HIV, TB, Blood Donation and the like.
- The unit conducts free health camps and surveys on socio-economic conditions of the underprivileged people during special camps.